



TRAILS CLUB OF SOUTH AFRICA

Hike Schedule

01/05/2018 to 12/01/2019

Email: trails.club.sa.@gmail.com

Website :

www.trailsclub.co.za

Chairperson : Mervyn Henderson Tel. 0217950092
Day Hikes: Mervyn Henderson Tel. 0217950092
Trails: Debbie Marshbank Tel. 0734575121

The GRADING SYSTEM and HIKING NOTES are printed on the Website and in the Newsletter

Date	Convenor	Meeting Details	Event Description	Notes
Tuesday 01/05/2018	Phillip Williams Home Ph: 0215311620	Start Time: 09:00 End Time: 12:30 Kloof Nek carpark	TABLE MTN- SILVERSTREAM WATERFALL Moderate Hike Hike from Kloof Nek up to the upper contour path and along the front face of Table Mountain to Silverstream Waterfall. Return the same way. Great views of Table Bay.	Cost Member: R0 Visitor: R20 Limit: Distance: 7km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 06/05/2018	Helen Faure Home Ph: 0216853426	Start Time: 09:00 End Time: 13:30 Phone convenor	SILVERMINE- CHAPMAN'S PEAK FROM CP DRIVE Moderate Hike A steep hike straight up to the top of Chapman's Peak from the drive. On a clear day you can see forever! Return to the cars the same way. Call/ email Helen to book cell 0829254758 / helen.faure2@gmail.com	Cost Member: R0 Visitor: R20 Limit: Distance: 6km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: No
Sunday 06/05/2018 to Saturday 19/05/2018	Mervyn Henderson Home Ph: 0217950092	Start Time: End Time: Phone/email convenor	DRAKENSBERG - MONT-AUX-SOURCES, ROYAL NATAL & INJISUTHI Moderate Hike Hikes in Royal Natal National Park and Injisuthi. The trip includes a hike to the top of Mont-aux-sources from Witsieshoek. Hikes will range from moderate to difficult and from 5 to 19 km. Alternative options might be available for the strenuous, long hikes. A moderate to fit level of fitness will be required, depending on the route. Accommodation will be via the ch... (includes 20% discount for over... Witsieshoek Hike... R1800 4 nights at Tend... NNP, 4 nights in Injisuthi 8 bed group cabin. D, B&B en route Prior Grange: 2 nights total R1140 Estimated cost of transport: R3300 for 3 people in a vehicle: approximately R1100 each Entry to parks: free with Wild card or R45 per night total R450 Bookings: email mervyn.henderson@gmail.com or call Mervyn	Cost Member: R0 Visitor: R0 Limit: 10 Distance: 70km Fitness: Fit Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: No
Saturday 19/05/2018	Helen Faure Home Ph: 0216853426	Start Time: 13:30 End Time: 17:00 Silvermine mountain bike carpark	SILVERMINE- ELEPHANT'S EYE FROM SILVERMINE Moderate Hike Hike along Silvermine Ridge from the mountain bike parking area, to Elephant's Eye cave, and back via Silvermine Dam. Helen's cell is 0829254758. Wildcard/Greencard or R51 for entry fee. Rain cancels.	Cost Member: R0 Visitor: R20 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 20/05/2018	Anthony Sneath Home Ph: 0217901671	Start Time: 09:00 End Time: 13:00 Phone convenor	OUDESCHIP VIA SANDY BAY Easy Hike From Sunset Rocks at Llandudno, hike to Oudeschip via Sandy Bay and return via Rocket House and dunes to Sandy Bav and Sunset Rocks. Bookings: antsneath@telkom.net or phone Ant.	Cost Member: R0 Visitor: R20 Limit: Distance: 7km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Saturday 26/05/2018	John Powell Home Ph: 0217832577	Start Time: 13:00 End Time: 16:30 Silvermine pay gate carpark	SILVERMINE- SILVERMINE RIVER & BOKKOP Easy Hike Walk from carpark at the entrance to Silvermine up the Silvermine River to the reservoir, then around the reservoir and along the Noordhoek Peak road, branching off to the east on a path that goes past Bokkop before turning north to return to the carpark. Bring Wild Card and ID or R51 entrance fee.	Cost Member: R0 Visitor: R20 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 27/05/2018	Mervyn Henderson Home Ph: 0217950092	Start Time: 07:30 End Time: 18:00 Phone convenor	FERNKLOOF- AASVOEL PEAK Moderate Hike This hike is in Fernkloof Reserve in Hermanus. A circular hike to the top of Aasvoel Peak (749m) via Galpin's hut. Lovely fynbos and views north to the Hemel-en-Aarde valley and south over Walker Bay. Bring binoculars for whale spotting. Booking mervyn.henderson@gmail.com or phone 0738493393. Rain cancels.	Cost Member: R0 Visitor: R20 Limit: 10 Distance: 12km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No

Date	Convenor	Meeting Details	Event Description	Notes
Saturday 02/06/2018	Rosemary Paul Home Ph: 0784251880	Start Time: 13:30 End Time: 16:00 Total Garage shopping centre, Glencairn	ELSIE'S PEAK SOUTHERN APPROACH Moderate Hike Hike up from Glencairn side to the top of Elsie's Peak. Fabulous views across False Bay. Rain cancels. If unsure, call Rosemary on 0784251880.	Cost Member: R0 Visitor: R20 Limit: Distance: 5km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 03/06/2018	Debbie Marshbank Home Ph: 0734575121	Start Time: 09:00 End Time: 13:00 Phone convenor / email dmarshbank @gmail.com	TABLE MTN- CONSTANTIA CORNER Moderate Hike From Constantia Nek hike up to the ridge overlooking Hout Bay valley. Ascend via a short rock scramble to Belle Ombre peak (725 m) and continue over rock ridges past Camel Rock to De Villiers Dam. Return via Clayton's Road and the Hoerikwaggo Trail to Constantia Nek.	Cost Member: R0 Visitor: R20 Limit: 12 Distance: 8km Fitness: Average Exposure: Mild Technical: Easy scramble Booking Start: End: Children Welcome: No
Saturday 09/06/2018	Helen Faure Home Ph: 0216853426	Start Time: 13:00 End Time: 17:00 Constantia Nek carpark	TABLE MNT- CONSTANTIA NEK- DAMS- NURSERY RAVINE Moderate Hike From Constantia Nek, hike up the jeep track to the dams and back through Nursery Valley, down Nursery Ravine, returning on the Contour and Bridle paths to the cars. Hellen's cell is 082 925 4758. Rain cancels.	Cost Member: R0 Visitor: R20 Limit: Distance: 10km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 10/06/2018	Mervyn Henderson Home Ph: 0217950092	Start Time: 08:00 End Time: 16:30 Phone convenor	PAARL MOUNTAIN - BRETAGNE ROCK FROM TAALMONUMENT Moderate Hike Hike from the Taalmonument up a gentle incline to the top of Paarl Mountain, then past the camping area and onto Bretagne Rock via a wooded kloof. Fantastic views of the Hottentot-Holland mountains! Return by completing the circular route. Bookings mervyn.henderson@gmail.com or call Mervyn on 0738493393. Rain cancels.	Cost Member: R10 Visitor: R30 Limit: 15 Distance: 12km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 23/06/2018	John Powell Home Ph: 0217832577	Start Time: 11:00 End Time: 16:30 Total garage, Glencairn	CAPE POINT- SHIPWRECK TRAIL & SIRKELSVLEI Moderate Hike Hike from Olifantsbos along Shipwreck trail on the beach, then over to Sirkelsvlei for tea, and back to the cars. Bring Wild Card, ID or R 147 entrance fee. Rain cancels. John's cell is 0748698176.	Cost Member: R0 Visitor: R20 Limit: Distance: 10km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 24/06/2018	Brian Ford Home Ph: 0215312660	Start Time: 08:30 End Time: 18:00 Phone convenor	BUCHUKLOOF WINTER RAMBLE Moderate Hike Hike from Nuweberg Forest Station up the jeep track to the turnoff to Buchukloof. Hike to the waterfalls and return the same route. No swimming possible as the cold rivers might be in flood. Stunning views of mountain scenery and beautiful fynbos. Bring money for entrance fee if you don't have a Wild Card and for sharing of petrol costs and coffee and koek afterwards Phone / email to book: 083 896 7904 / brian@solutions4storage.co.za .	Cost Member: R0 Visitor: R20 Limit: 12 Distance: 12km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Saturday 30/06/2018	Derrick Robinson Home Ph: 0217123566	Start Time: 13:15 End Time: 16:30 Tokai Library, Tokai Rd.	TOKAI ARBORETUM Easy Hike A walk around the Arboretum and area above to see how it has recovered from the last fire. A slower paced hike. Wildcard/ Greencard or R28 for parking.	Cost Member: R0 Visitor: R20 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 01/07/2018	Margarethe Schaefer Home Ph: 0214480238	Start Time: 08:00 End Time: 16:00 Phone/email convenor	CAMEL ROCK TO FISH HOEK Moderate Hike Starting from Camel Rock, hike to Kleinplaas Dam past Rooikrans, Jonkersdam and then across Brakkloofrant, overlooking Fish Hoek Valley, and ending in Fish Hoek. Cars to be shuttled. Bookings email margaretheschaefer@gmail.com or call Margarethe on 0827013105.	Cost Member: R0 Visitor: R20 Limit: 12 Distance: 16km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Saturday 07/07/2018	John Powell Home Ph: 0217832577	Start Time: 13:30 End Time: 17:00 Silvermine dam carpark	SILVERMINE- AMPHITHEATRE PATH AROUND SILVERMINE DAM Moderate Hike A high level circuit of Silvermine Dam via Steenberg Ridge and the Amphitheatre path. Silvermine dam parking. Bring Wild card & ID or R 51 pp entrance fee. Rain cancels. John's cell is 0748698176.	Cost Member: R0 Visitor: R20 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 08/07/2018	Debbie Marshbank Home Ph: 0734575121	Start Time: 09:00 End Time: 14:00 Phone convenor or email	TABLE MTN- CLEFT PEAK & MAGIC FOREST VIA JEEP TRACK Moderate Hike We will start at Constantia Nek, ascend up the jeep track, past Nursery Gorge and on to Cleft Peak with great views. Return back via the Magic Forest, Orange Face and past De Villiers Dam, and back to the cars. This is a recce hike and will be done at a moderate pace. Booking: dmarshbank@gmail.com	Cost Member: R0 Visitor: R20 Limit: 12 Distance: 10km Fitness: Fit Exposure: Mild Technical: Easy scramble Booking Start: End: Children Welcome: No

Date	Convenor	Meeting Details	Event Description	Notes
Saturday 14/07/2018	Rosemary Paul Home Ph: 0784251880	Start Time: 13:30 End Time: 16:30 Silvermine pay gate, mountain bike carpark	SILVERMINE- STEENBERG RIDGE & SILVERMINE RIVER Easy Hike From the Mountain Bike carpark we will walk along the top of Steenberg Ridge (The Crags) then down to the dam for tea. Round the dam and back down the river to the cars. Rain cancels. If unsure, call Rosemary on 0784251880.	Cost Member: R0 Visitor: R20 Limit: Distance: 6km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 15/07/2018	Margarethe Schaefer Home Ph: 0214480238	Start Time: 08:00 End Time: 16:00 Phone/email convenor	HAROLD PORTER BOTANICAL GARDENS, BETTY'S BAY Easy Hike Walk around the gardens on the Disa Kloof and Leopard's Kloof Trails. Beautiful shaded walks, stepped, with beautiful views of the ocean as you ascend, the climbs made easier with wooden ladders. Enjoy the waterfalls, pools and the tranquility. Book at margaretheschaefer@gmail.com or call Margarethe on 0827013105.	Cost Member: R25 Visitor: R45 Limit: 12 Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 22/07/2018	Mervyn Henderson Home Ph: 0217950092	Start Time: 08:30 End Time: 17:00 Phone/email convenor	TABLE MTN- CONSTANTIA NEK TO WATERWORKS MUSEUM & AQUADUCT Moderate Hike Hike from Constantia Nek to the Waterworks museum then back via the Aquaduct, the top of Skeleton Gorge & Nursery Ravine to the Overseer's cottage. Bookings mervyn.henderson@gmail.com or call Mervyn on 0738493393. Rain cancels.	Cost Member: R0 Visitor: R20 Limit: 12 Distance: 16km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Thursday 26/07/2018 to Tuesday 31/07/2018	Anthony Sneath Home Ph: 0217901671	Start Time: End Time: Phone convenor	WHALE TRAIL, DE HOOP NATURE RESERVE Moderate Hike A 5 day trail at De Hoop Nature Reserve. Spectacular scenery from Potberg and along the coast. Day 1: Climb over Potberg and stay at Cupidos Kraal hut. Day 2: Hike down to Noetsie Bay. Day 3: along the coast vis Stinkgat (swimming) to Hamerkop. Day 4: along the coast to Vaalkrans. Day 5: along the beach to Koppie Alleen. Lots of whales from July to November. See https://www.hikingsouthafrica.co.za/whale-trail/ for further details. Portage service available. Waiting list only.	Cost Member: R2220 Visitor: R2320 Limit: 6 Distance: 57km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Saturday 28/07/2018	Phillip Williams Home Ph: 0215311620	Start Time: 13:00 End Time: 16:30 Kloof Nek carpark	TABLE MTN- PIPE TRACK Moderate Hike Hike from Kloofnek along the Pipe Track to Woody Ravine. Wonderful views over Camps Bay and Clifton!	Cost Member: R0 Visitor: R20 Limit: 15 Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 29/07/2018	Mervyn Henderson Home Ph: 0217950092	Start Time: 07:30 End Time: 17:00 Phone/email convenor	KOGELBERG- PERDEBERG FROM FAIRY GLEN Moderate Hike From Fairy Glen at the Palmiet River, hike up to Perdeberg Peak (647 m) taking the path north where it joins the path to Kleinmond. Return via Spook Nek, around 3 Sisters and Kasteelkop Nek. Recce hike at a moderate pace. Bookings: email mervyn.henderson@gmail.com or call Mervyn.	Cost Member: R0 Visitor: R20 Limit: Distance: 14km Fitness: Fit Exposure: None Technical: Walk Booking Start: 23/07/18 End: 27/07/18 Children Welcome: No
Saturday 04/08/2018	Derrick Robinson Home Ph: 0217123566	Start Time: 13:30 End Time: 17:00 Simons Restaurant carpark, Groot Constantia	GROOT CONSTANTIA & GREENBELT Easy Hike Starting at Groot Constantia, hike in the vineyards and various adjacent Constantia Greenbelts.	Cost Member: R0 Visitor: R20 Limit: Distance: 7km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 05/08/2018	Debbie Marshbank Home Ph: 0734575121	Start Time: 09:00 End Time: Phone convenor / email dmarshbank@ gmail.com	CAPE POINT- BUFFELS BAY TO KANONKOP Moderate Hike Start at Buffels Bay, walk along the coast past Bordjiesdrif, Black Rock, lime kiln and up the valley to Kanonkop with beautiful fynbos and lovely views over the sea and Peninsula. Circle back along the ridge to the Visitors Centre and back to Buffels Bay. Bring your Wild Card or pay at the gate.	Cost Member: R0 Visitor: R20 Limit: 15 Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Thursday 09/08/2018 to Sunday 12/08/2018	Brian Ford Home Ph: 0215312660	Start Time: End Time: Phone/email convenor	GIFBERG Moderate Hike A wonderful hiking retreat in Namaqualand (Vanrhynsdorp area). Amazing spring flowers, rock formations, authentic Bushman paintings and incredible beauty. Hike the Bushman Trail (10,5 km) and Gifboom Trail. There is also the Pothole walk. Home-from-home, well fitted cottages with electricity and beds & bedding. Bring food and winter hiking kit. Bookings: brian@solutions4storage.co.za or cell 083 896 7904.	Cost Member: R770 Visitor: R830 Limit: 12 Distance: 27km Fitness: Average Exposure: None Technical: Walk Booking Start: 01/06/18 End: Children Welcome: Yes

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Saturday 11/08/2018	Rosemary Paul Home Ph: 0784251880	Start Time: 13:30 End Time: 16:30 Silvermine pay gate carpark	SILVERMINE- BOKKOP & SILVERMINE RIVER Easy Hike Walk south from the carpark at the entrance along the jeep track and then turn west on a path that goes past Bokkop all the way to the Noordhoek Peak jeep track where we turn north to the Silvermine dam, then around the dam and east down the Silvermine River to return to the carpark. Rain cancels. If unsure, call Rosemary on 0784251880.	Cost Member: R0 Visitor: R20 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 18/08/2018	John Powell Home Ph: 0217832577	Start Time: 13:30 End Time: 16:30 Slangkop Lighthouse parking ,end of Lighthouse Rd,	KOMMETJIE- COBRA CAMP Easy Hike Hike from Slangkop Lighthouse along the boardwalk to Long beach parking area past Skilpadvlei through Kommetjie village past St Norbet Catholic Church up to Slangkop Cobra Camp and descending back to Lighthouse. Lovely views.	Cost Member: R0 Visitor: R20 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 19/08/2018	Brian Ford Home Ph: 0215312660	Start Time: 09:00 End Time: 15:00 Cecilia carpark	TABLE MTN- CECILIA FOREST TO RHODES MEMORIAL Moderate Hike After a car shuffle, we walk up to the contour path from Cecilia Forest and on to Rhodes Memorial. Mostly on the contour with some steep ups and downs. Lovely views of the southern Peninsula across False Bay. Drinks & eats at the Rhodes Memorial Cafe.	Cost Member: R0 Visitor: R20 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Saturday 25/08/2018	Helen Faure Home Ph: 0216853426	Start Time: 13:30 End Time: 17:00 Sunbird Centre parking	SILVERMINE- SUNBIRD CENTRE TO THE WATERFALL Moderate Hike Hike along the attractive Silvermine River's edge and then head up the mountain towards Maiden Peak and traverse along the road until the waterfall where we will stop for tea. Return down the same route. Helen's cell is 082 925 4758. Rain cancels.	Cost Member: R0 Visitor: R20 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 26/08/2018	Anthony Sneath Home Ph: 0217901671	Start Time: 08:00 End Time: 17:00 Phone/email convenor	KOGELBERG - LEOPARD'S GORGE Moderate Hike Starting at Oudebosch in the Kogelberg Nature Reserve, ascend the Oudebosch river valley to the top of Leopard's Gorge, where the waterfall plunges into Leopard's Kloof and there are excellent views of Betty's Bay. Descend to Harold Porter Botanical Gardens via the gorge path. The hike will be done at a moderate pace. Car shuttle required. Bookings antsneath@telkomsa.net or phone Ant. Wildcard or pay entry fee.	Cost Member: R0 Visitor: R20 Limit: 12 Distance: 12km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: No
Saturday 01/09/2018	Tommy Hiscock Home Ph: 0217127476	Start Time: 09:00 End Time: Ruyterplaats, Hout Bay	LITTLE LIONS HEAD Moderate Hike Hike up the side of Little Lions Head to the peak. Some scrambling to the top. Stunning views. Bookings: email tommyvonneh@gmail.com or call before 8 pm.	Cost Member: R0 Visitor: R20 Limit: 15 Distance: 6km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: Yes
Sunday 02/09/2018	Margarethe Schaefer Home Ph: 0214480238	Start Time: 09:00 End Time: 15:00 Phone/email convenor	OSTRICH TRAIL, GROTTO BAY Easy Hike About 60km up the West Coast is the Grotto Bay Nature Reserve which forms part of the Cape West Coast Biosphere. Hike through the strandveld and on the beach. Book at margaretheschaefer@gmail.com or call Margarethe on 0827013105.	Cost Member: R0 Visitor: R20 Limit: Distance: 10km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Wednesday 02/01/2019 to Monday 07/01/2019	Mervyn Henderson Home Ph: 0217950092	Start Time: End Time: Phone convenor	SHIPWRECK TRAIL - PORT ALFRED TO THE FISH RIVER Moderate Hike A wonderful coastal trail in the Eastern Cape. Day 1: Start at Port Alfred Eastern Beach to Milkwood hut on Rufane Farm (±8,6km). Day 2: Rufane Farm to Riet River Tree Houses (±13,67km). Day 3: Tree Houses to Three Sisters (±6,97km). Day 4: Three Sisters to Kleinemonde West River mouth (±2.9 km) then 9 km paddle & ±3 km hike to Lily Pad Hut. Reaching Nyala Valley Game Reserve you shoulder your backpacks for the hike to the overnight hut, where you can enjoy the beauty of the reserve, looking out for nyala, giraffe, impala, zebra, wildebeest, etc. The overnight hut is set in an indigenous forest. Day 5: Lily Pad Hut to Stone Cottage (3 km hike & 8 km paddle back to river mouth) plus ±10km hike to cottage. Day 6: Stone Cottage to Fish River Mouth (±14,34km). For more details go to http://www.shipwreckhiking.co.za/hike2.html . Bookings email mervyn.henderson@gmail.com	Cost Member: R1360 Visitor: R1480 Limit: 12 Distance: 80km Fitness: Fit Exposure: None Technical: Walk Booking Start: 01/07/18 End: Children Welcome: No

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<p>IMPORTANT NOTES</p> <ul style="list-style-type: none"> · All persons participate in Trails Club activities entirely at their own risk. · No smoking allowed on any hikes. · Do not leave the hike party without contacting the Hike Leader. · If your name, address, tel number, next-of-kin, email have changed, please notify the Membership Secretary Margarethe Schaefer immediately at margaretheschaefer@gmail.com or tel. no. 0214480238 <ul style="list-style-type: none"> · All visitors and members bringing visitors must phone the Convenor first. · Hikers must bring at least 1 litre of water & full rain gear (raincoat and hood) on hikes. · Payments for trails and weekends to: The Trails Club, P.O. Box 404, Bergvliet, 7864 · Prices of weekends and trails are subject to change without notice. <p>Emergency Phone Numbers: Mountain Rescue 107 or 021-9370300 Ambulance 10177 Flying Squad 10111 City Emergency 021-4807700 Mountain Fires 107 Emergency Codes: Need help: 6 Blasts/Flashes, Long Pause (Repeat). Have heard distress call: 3 Blasts/Flashes, Long Pause (Repeat)</p> <p>BANKING DETAILS: Standard Bank Claremont (025109) Cheque Account Number: 072528451 Please write your name & what you are paying for on the deposit slip and send it to the Hon. Treasurer (I Phil Williams) at Trailsclub.Treasurer@gmail.com</p>				